

Today's Top Procedures: Why Technology—And A Surgeon Who Knows How To Use It—Is Key

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Plastic surgery trends come and go, but two procedures continue to draw interest year after year: **facelifts** and **rhinoplasties**. As a facial plastic surgeon who's completed more than 6,000 rhinoplasties and 2,000 facelifts, **Dr. Sam Rizk** has carved out quite the niche for himself in these areas—not only because he's performed more than 6,000 rhinoplasties and 2,000 facelifts throughout his career, but also because he's absolutely committed to incorporating the latest technologies into his work. Today, he's mastered the art of the deep plane facelift and the Piezo Ultrasonic Rhinoplasty, putting him in a class all his own.



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The Piezo Ultrasonic Rhinoplasty

This revolutionary technique has completely redefined the traditional approach to nose reshaping, however only a small number of surgeons can claim proficiency—and Rizk is at the top of this list. Unlike conventional methods that rely on rasps and knives, Piezo Ultrasonic Rhinoplasty harnesses the power of gentle sound vibrations to sculpt and refine the bones and cartilage of the nose. This innovative approach minimizes trauma to the surrounding tissues, resulting in a shorter recovery time, diminished swelling, and reduced bruising compared to traditional methods.

As one of the few surgeons in NYC offering this advanced procedure, <u>Dr. Rizk</u> has witnessed its transformative impact on both patients and practitioners alike. The precision afforded by Piezo Ultrasonic Rhinoplasty allows for subtle yet significant enhancements, achieving natural-looking results that harmonize with the patient's facial features.

The Deep Plane Facelift

Rizk's spin on the deep plane facelift has been compared to discovering the fountain of youth. In this single procedure, he can lift and tighten the skin, reposition loose jowls, and fully restore cheek volume in a sculptural, hyper-natural way (translation: this is *not* your grandmother's facelift). Even better is the recovery time; Rizk uses surgical sealants in lieu of drains, which create a barrier that protects the wound from infection and reduces the risk of complications, leading to better outcomes and less noticeable scarring. Ultimately, this ensures that his patients are back to work in a week and camera-ready in just two.

For more information, check out Dr. Rizk's social media channels: @drsamrizk